

SECONDARY SCHEDULE			ELEMENTARY SCHEDULE	
			Advisory Day 3	STAMINA Day 5 & 10
Monday - Friday			10 Day Cycle	
Period One	8:45 - 9:50		Period One	8:45 - 9:35
Period Two	9:55-10:55		Period Two	9:35- 10:25
LUNCH	10:55-11:35		Nutrition / Fitness BREAK	10:25-11:05
Period Three	11:35-12:35		Period Three	11:05-11:55
Period Four	12:40-1:40		Period Four	11:55 - 12:45
Period 5 Encore (Wednesday Advisory)	1:45-2:45		Nutrition / Fitness BREAK	12:45-1:25
Buses	3:05		Period Five	1:25-2:15
			Period Six	2:15-3:05
			Buses	3:05