

### THE ACADEMY TIMES

Elementary Administrator: Mrs. A. Grieve Administrative Assistant: Mrs. P. Hayward

Secondary Administrator: Mrs. L. Nazar Mrs. L. VanderMolen, Ms. M. Priore

#### PRINCIPAL'S MESSAGE

We are hoping that spring is definitely here to stay, and with it a great assortment of activities, events, and news items. We continue to use Remind to text families upcoming events, as well as our automated calling and emailing. Please check our website for upcoming events. We had many terrific activities for students to participate in throughout April. Our students always shine when they leave our building to represent our school.

At the end of March we, once again, hosted the DSBN Stacking tournament. We had numerous students compete and many have qualified to move on to the next level of competition.

This past month we had teams compete in DSBN badminton tournaments, and would like to thank Mr. Young for taking his time to coach our students, and to our players for representing DSBN Academy so well.

We had 4 intermediate students represent DSBN Academy at the Mathematics Olympiad. Our students had the opportunity to work as a team and as individuals through a variety of mathematics problems. They finished the day 26th out of 72 teams. Way to go! TO start this month, we have our Track and Field day for our Elementary students planned. We are looking forward to seeing some true examples of perseverance and grit throughout the day.

Some more of our upcoming events for May are Grade 10 overnight trip to Brock University, Grade 9 students heading to Camp Wanakita, MADD assembly for grade 7-12 students, Secondary Track and Field meets and Grade 6 EQAO.

## What's Happening at DSBN Academy

April 30- Gr. 7-12 MADD assembly

May 1– Sec. Track and Field

May 3- Elem. Brock Badminton Tournament

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May 8- Spirit Wear Day

May 9-10- Gr. 10s @ Brock U

May 16- Elem Regional Track

May 11- Sec. Track

May 14-16- Gr.9s @ Camp Wanakita

May 18-PD day

May 21- Victoria Day

May 22-June 1- EQAO

May 23-24- Gr. 10s @ Brock

May 25- Alternate Dress Day

#### **EQAO DATES**

Parents and Guardians of Grade 6 students, please mark your calendars. EQAO testing will be held the weeks of May 22nd to June 1st. You can support the school by ensuring that stu-

dents are at school each day, on time and well rested. Booking doctor or dental appointments should be avoided for these days please. Students will be writing Language and Math assessments for that week and all teachers have scheduled rotary time around these testing expectations. If you have any questions, please speak to your child's teacher or call the school. Thank you!



# SCHOOL COUNCIL SAVE THE DATE June 18, 2018

Our School Council will be hosting a year end BBQ from 4:30pm -6:30 pm, or all of our families. Come out to meet some of next year's teachers, your child's friends and family and for a chance to win some terrific door prizes. More information will be coming home soon.



#### Message from Public Health

Enjoy the many outdoor locations in Niagara that are smokefree. In Niagara, all municipal and regional properties are smoke-free. This includes:

Parks and playgrounds
Sports and playing fields
Splash pads and outdoor pools
Arena properties

Festivals and events on municipal and regional properties

Properties such as city hall, libraries and recreation centres

All restaurant and bar patios are also smoke-free under the Smoke-free Ontario Act.

For more information or quit smoking support, contact the Tobacco Hotline at 905-688-8248, ext. 7393

#### September's Closer Than You Think!

We're already looking ahead to the new school year and will soon begin the process of organizing next year's classes. In developing our new class structure, our goal is to ensure your children have an outstanding educational experience and the opportunity to develop lasting friendships with their classmates.

Much like a family, our classes work best when they include members of differing interests, abilities and perspectives. This gives students the opportunity to learn from and about each other. These experiences help to open students' minds to new ideas and new possibilities, allowing them to test limits and develop their true potential.

To do this, it's important for us to look at a number of factors, including:

**Learning Style:** We consider how students learn best and what kind of classroom environment will best support their needs.

**Ability, Interests and Talents:** All children are unique and have their own set of strengths and abilities. Having a grouping of students whose strengths complement each other will help enhance everyone's learning.

**Relationships:** We aim to create groups that allow for strong friendships to develop and an environment for effective learning.

**Parent Input:** As parents, you have a unique perspective on your children and their school experience. If you have any information that could the help inform our decision please send it in to the office, in writing, attention to Andrea Grieve by June 1 2018. Your input will be considered in relation to the criteria listed above.

Thanks for your support!



#### I Matter as an Individual

(shares thoughts, viewpoints and experiences in a respectful, insightful way while acknowledging and respecting the beliefs of others)

Kathlyn A Cordell K

#### I Matter as a Learner

(consistently/exceptionally exhibits critical thinking and/ or a desire to learn and grow)

Ali I

Ryan H

Abee F

Ayva M

Emma H

Juliet S.

Hinkal P.

Olivia R.

Mallory H.

Wally M

Alida M

Shawna-Lynn A

### I Matter as a Community Member

(seeks to make a positive impact in the classroom, school and community)

Mason D

Daniel S

David T

Yusuf A





# Sports Concussion



Concussions – even mild ones – in young athletes caused while playing sports can be devastating. Returning to play too quickly can result in brain trauma that can lead to lifelong problems, including brain swelling, permanent brain damage, long-term disabilities or even death.

### **Concussion symptoms:**

Anyone who has any of the following symptoms after suffering a head injury needs medical help: headaches, dizziness, nausea, memory dysfunction, fogginess, fatigues, sadness, nervousness, irritability and sleep problems.

Note: Most concussions occur without loss of consciousness; even a minor bump or blow can cause a concussion.

#### Concussion precautions:

After a blow to the head (even if the athlete seems OK), take the athlete to the emergency room for evaluation.

Make sure you or your child wears all required protective gear while playing the sport – even at practices. Ensure gear is undamaged and worn properly.

Always wear a bike helmet that is fitted and secured properly. Replace the helmet after any accidents whether it appears damaged or not.

Always wear your seat belt and drive at posted speed limits.

Childproof your home. Use safety gates near stairs.

Note: Any athlete suspected of having a concussion shouldn't return to play on the same day. Get the athlete's health care provider's OK before returning to play.

The following are links which provide excellent information on Concussions.



☆

Check them out!!

www.parachutecanada.org

www.cdc.gov/headsup/

www.aboutkidshealth.ca

https://www.youtube.com/watch?v=zCCD52Pty4A

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